### 2011 Military Health System Conference

Putting it All Together: The DoD/VA Integrated Mental Health Strategy (IMHS)

The Quadruple Aim: Working Together, Achieving Success
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Department of Defense and Department of Veterans Affairs

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### **Recommendations and Mandates**



 To improve the care and services offered to Service members and Veterans, over 400 recommendations and mandates were created by:

#### Commission Congress National Defense Authorization Act Veterans' Disability Benefits Commission (VDBC), August 2007 (NDAA) for years 2007 - 2011 • Presidential Commission on Care for America's Returning Wounded Warriors (PCCWW), July 2007 Task Force **Review Group** Task Force on Returning Global War Independent Review Group (IRG), on Terror Heroes (GWOT), April **April 2007** 2007 Mental Health Task Force (MHTF), June 2007



# Joint Executive Council (JEC)



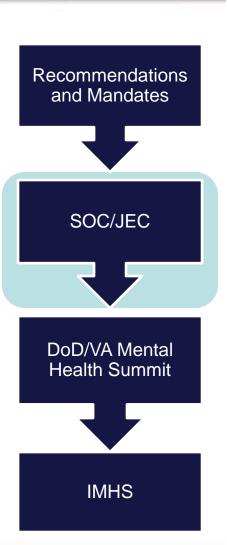
- Mandated by Congress to oversee joint DoD/VA initiatives in February 2002
- JEC created the Health Executive Council (HEC) to manage all health related DoD/VA initiatives including PH/TBI recommendations and mandates



# Senior Oversight Committee (SOC)



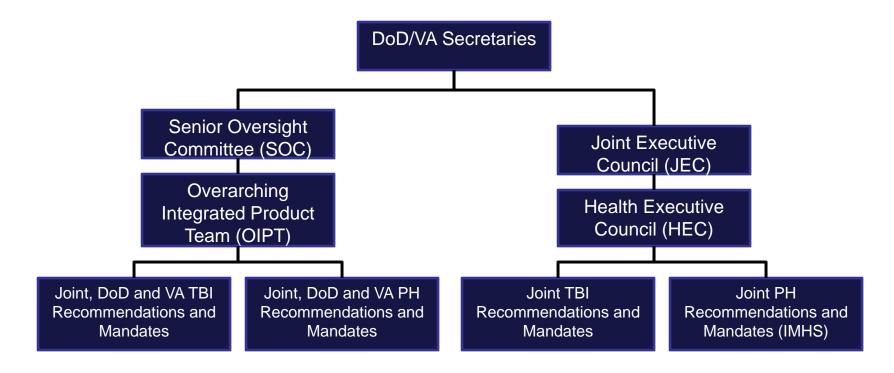
- Established by the DoD and VA
   Secretaries in May 2007 to address the care and services provided wounded, ill and injured Service members
- Consists of 8 Lines of Action
- Co-chaired by DoD/VA Deputy Secretaries, and includes:
  - Service Secretaries
  - Chairman or Vice Chairman of the Joint Chiefs of Staff
  - Others



### **Organizational Structure**



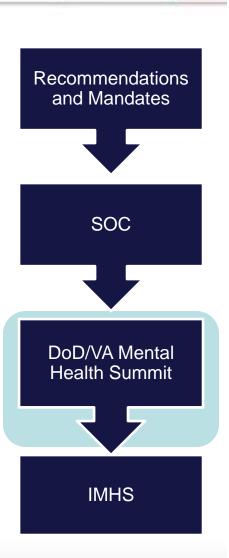
 All joint health related DoD/VA initiatives, including PH/TBI, are reported to the SOC and the JEC



### **DoD/VA Mental Health Summit**



- In Oct 2009, DoD and VA held a Joint Mental Health (MH) Summit to address MH care needs of Military personnel, Veterans, and their families
- To address these and other recommendations the SOC asked for the development of joint DoD/VA mental health strategy in January 2010



# Integrated Mental Health Strategy



- IMHS includes 28 Strategic Actions to promote:
  - Early recognition of mental health conditions
  - Delivery of effective, evidence-based treatments
  - Implementation and expansion of preventive services
  - Education, outreach, and partnerships with other providers, organizations, and agencies

Collaboration between the Departments is required to provide continuity and consistency of care



## The MHS Quadruple Aim



- Experience of Care
  - Expanding access to quality MH care services
  - Striving towards seamless continuity of care
- Population Health

Advance care through community partnerships, education, and outreach

 Expand services to include families, caregivers and communities



## The MHS Quadruple Aim (cont.)



### Readiness

Implementation and expansion of preventive services

 Improve early recognition of MH conditions to promote resilience and reintegration to the community

Per Capita Cost

 Enhance cost effectiveness of existing programs by identifying and reducing redundancies and leverage best practices



### **IMHS End States**



- Expanding Access to Vet Centers
  - Extend access to VA's Readjustment Counseling Service to Active Duty Service members who have returned from OEF/OIF
  - Explore the feasibility and utility of adding additional Mobile
     Vet Centers to current fleet as needed





- Outcome and Quality Measures
  - Shared or coordinated use of outcome and quality measures of specific relevance to DoD and VA
  - Coordinated MH outcome and quality Measures across VA and DoD to allow for comparability of MH services





- Suicide Risk and Prevention
  - Coordinated training of VA and DoD staff to ensure utilization of best suicide prevention practices across the two Departments
  - Dissemination of materials to Service members and Veterans on suicide prevention resources, programs and tools
  - Crisis intervention services available to all Service members, Veterans, and families through coordination of DoD and VA hotlines



- inTransition Program
  - Enhanced continuity of care for Service members as they transition from DoD to VA systems
  - Increased awareness of inTransition program among MH providers, Service members and families
  - Increased number of enrolled Service members
  - Satisfactory ratings from enrolled members



- Sharing Mental Health Staff
  - Participating VA providers could be requested for detail to Military Treatment Facilities to meet surge needs
  - Utilize Telemental health networks to link mental health providers and individuals requiring evaluation or consultation

### **Takeaways**



- 1. Educate yourself on PH/TBI related issues to understand the challenges we face
- 2. Share your knowledge with others to promote a culture of continuing education in your workplace
- 3. Identify potential areas for collaboration in your workplace to eliminate redundancies

### Military Health System Conference



January 24 - 27, 2011

Gaylord National Resort & Convention Cente National Harbor, MD

#### TODAY

### Tuesday 25 Jan

- Keeping Tabs DoD's Response to Psychological Risks: Lessons Learned from Health Assessments
- Putting it All Together: The DoD/VA Integrated Mental Health Strategy
- . Coming Soon to an MTF Near You: Psychological Health Policy Initiatives
- Keeping Tabs Lessons learned from health assessment data collected to date; how to best address family readiness; how the new DoD mental health assessments will be incorporated into the deployment health assessment program; The Way Ahead!
- Integrated Mental Health Strategy DoD and VA collaboration on 28 strategic actions in four strategic areas, and what it means to you
- How New DoD Psychological Health Policy Initiatives Will Affect You Disaster Response Mental Health Teams: Anew requirement at DoD installations; DoD, Service, and installation-level directors of psychological health policy.